

**CASE STUDY:  
District Government Hospital Shah Bhattai Latifabad, Hyderabad**

The District Government Hospital Shah Bhattai is one of the major hospitals in District Hyderabad and catering to a population of 221903 people. The hospital provides services to people at their doorsteps who are living in Taluka Hyderabad, and in adjacent areas of Taluka Hyderabad and Qasimabad.

The services of the hospital includes paed, gynea, general ward, ENT, eye, dental, cardiac, ortho, surgery, family planning and MCH.

In 2004-05, the SDSSP provided a grant of Rs 5.261 million for establishing a physiotherapy unit in the hospital, which has greatly improved the working efficiency of the hospital.

**Social and Economic Outlook of the Area**

Latifabad is one the major Talukas of Hyderabad having a population of 563761 people. It has 17 Union Councils. The name of Taluka Latifabad is to show association with Shah Abdul Latif Bhattai. That is why Shah Bhattai Hospital is also established in the taluka. Latifabad is the major industrial area of the district specially bangle industry. It has got air port. Most of the population is associated with labor and Regimental center in unit 12.

**Main Places of Interest**

Mental Hospital , Hockey Ground with Astroturf, Hyderabad Railway Station, Board of Intermediate and Secondary Education, Man-ji-Hospital, St. Elizabeth Hospital, Government Degree College, Industrial Area, Grid Station, Sindh Regimental Center, Central Fire Brigade, Public School, Railway Sub-way, and Over-head Bridge etc.

**Problems of the Hospital**

According to the management of the hospital, before the provision of SDSSP physiotherapy unit, the patients were referred to other hospitals which resulted in waste of time and the patients had to bear high costs as well.

**Sindh Devolved Social Services Program Intervention**

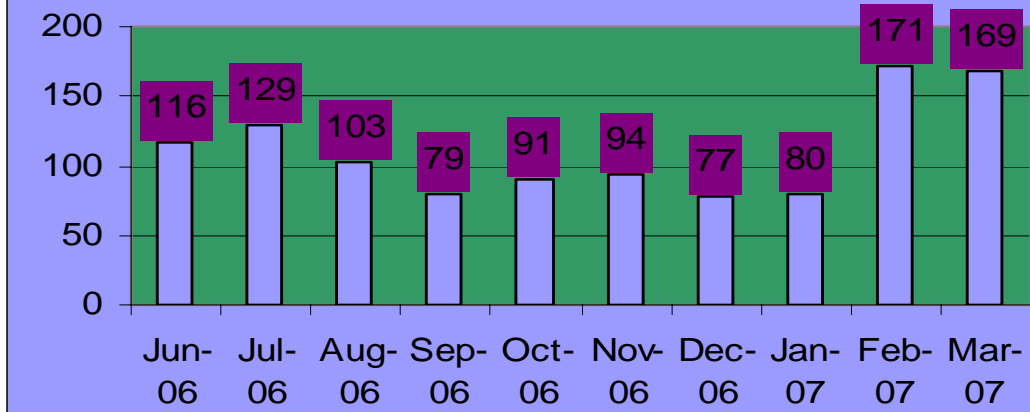
In 2004-05, a grant of Rs 5.261 million was allocated for establishing a physiotherapy unit in Shah Bhattai Hospital under SDSSP. The objective was to construct a separate section in which a physiotherapy unit would be installed.



Sr	Name of Item	No. of Unit	Price of Unit	Total
01	Ambulance	1	500,000	500,000
02	Blood Bank Refrigerator	1	390,000	390,000
03	Physiotherapy Equipment set	1	400,000	400,000
04	BP Apparatus Wall mounted	10	2,200	22,000
05	Mercury BP Apparatus	10	600	6,000
06	Stethoscope China	10	200	2,000
07	Bath Room Scale	2	750	1,500
08	Baby Weighing Scale	2	1,800	3,600
09	Height Measuring Scale	2	700	1,400
10	Feto Scope	8	50	400
11	ENT Diagnostic Set	1	4,000	4,000
12	TV 29"	1	24,000	24,000
13	DVD	1	10,000	10,000
	<b>Total</b>			<b>1,364,900</b>

The physiotherapy unit has been greatly beneficial for the people living in the surrounding areas. It has saved much time and money for them. During the period from June 2006 to March 2007, a total of 1109 patients have benefited from this facility.

### Physiotherapy services provided through Physiotherapy unit Shah Bhitai Hospital Latifabad, Hyderabad



The ambulance provided by the SDSSP has also been useful for transferring serious patients to Liaquat University Hospital saving time and precious lives of the people.

The incharge physiotherapy unit said that about 7 to 8 patients are daily benefiting from this unit. He added that more equipments are needed to make it a complete physiotherapy unit.

#### Comments of Dr. M. Aslam Medical Superintendent Shah Bhitai Hospital

Dr. M. Aslam has said that equipments provided by SDSSP are very much useful in the hospital for treating the patients. People from surrounding areas, Talukas and even districts come here for physiotherapy. This unit is really a blessing for the poor people.

He added that such schemes are really poor friendly and saves much time and money of patients.

#### Comments of Dr. Mahfooz Ahmed Qureshi (EDO Health)

Dr Mahfooz Ahmed Qureshi stated that SDSSP has done a commendable job for strengthening the health facilities at district level.

He added the actual success of the program is visible when the people of the area are getting benefit from the services offered to them. He also stated that we are focusing on providing proper equipments and facilities where the need is so that the health of the poor people can be improved with the support of SDSSP.

In addition, he also commended the physiotherapy unit and ambulance services provided by the SDSSP, Both facilities have greatly benefited the area people.

### **Community Expressions**

The health specialists, while visiting the physiotherapy unit, have noted the following comments of some patients present in the hospital.

**Grandmother of Muskan** said that: “Muskan could not move her legs. We had consulted different doctors but to no avail. Since four days we are visiting the physiotherapy unit and now she has started moving her legs. So there is hope that she will get normal. The physiotherapy unit has really benefited all of us.” ( Case of Cerebral Palsy)

**Mr. Abid Iqbal**, a resident of Latifabad unit No. 10 says that: “My arms were fractured due to motorcycle accident about three and a half months back. As a result I was not able to move my arms and therefore could not change my clothes, but after regularly visiting this physiotherapy unit, I am now able to move my arms for washing and changing my clothes. The unit has greatly benefited me and other people but it still needs more equipments.”

**Mr. Arsalan** shares his experience by saying that: “Three months ago I had elbow fracture and I was unable to move my arm. Then I was referred to this hospital and unit by someone. After visiting the physiotherapy unit regularly, I feel that I can move my arm. I am very much satisfied and relieved. ”.

**Mr. Wajid** also had suffered from wrist fracture. He said: I came to this hospital and a POP and other treatment was done. After the removal of the POP, I could still feel pain during the movements of my hand. I was then referred to this physiotherapy unit which has greatly benefited and provided relief to me. “

### **Conclusion**

To sum up, the physiotherapy unit established at Shah Bhattai Hospital Latifabad by SDSSP is really benefiting the people of Taluka Latifabad and its adjacent areas. The facility has saved much time and money of the poor patients and has also provided comfort as the service is accessible and affordable especially for those segments of the society who are not able to afford and are at the mercy of God. It is really providing a service to ailing humanity.

The provision of ambulance service in the hospital to transfer serious patients to Liaquat University Hospital has also proven time saving and have also saved precious lives.